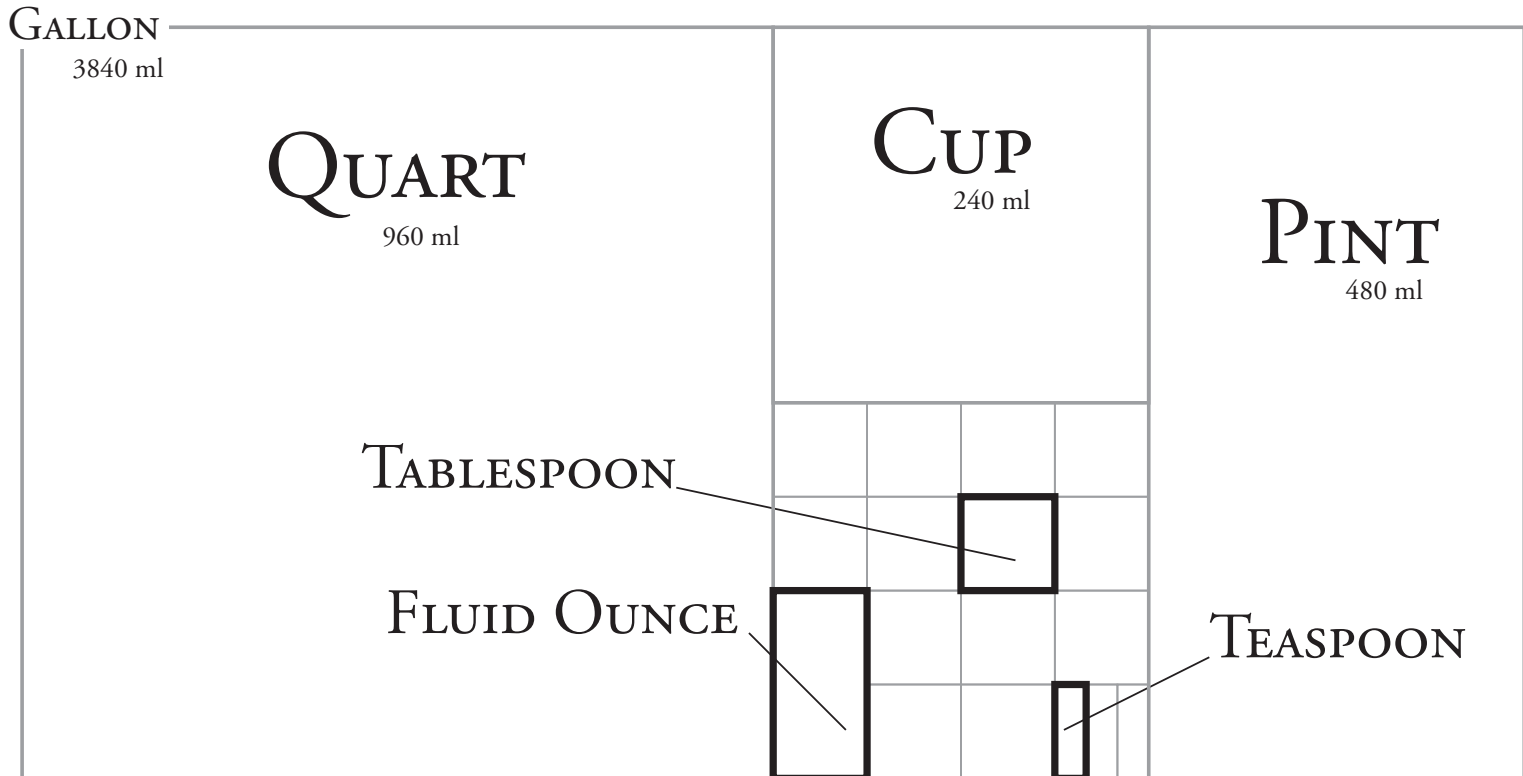


# A CHARTE ON THE UNITS OF COOKERY & THEIR RELATIONS

BY: MR. KEVIN J. LYNAGH  
DEPT. DIRIGIBLE FLIGHTCRAFT

GRAMS	tsp	tbl	3 tbl
soda	5	16	47
powder	6	18	54
yeast	3	10	30
salt	4	10	30



CUPS TO GRAMS	1	2	3	4	5	6	7	8	9	10	1/2
flour	160	320	490	640	800	980	1140	1300	1463	1625	81
sugar	218	436	654	872	1090	1308	1526	1744	1962	2180	109
brown sugar	206	412	618	824	1030	1236	1442	1648	1854	2060	103
cocoa	100	200	300	400	500	600	700	800	900	1000	50